



SUTTON ST JAMES C.P. SCHOOL
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19th April 2016

Dear Parents,

Jump Rope For Heart Sponsored Event – Friday 20th May

This year we are supporting The British Heart Foundation (BHF) by taking part in a Jump Rope for Heart programme. This programme recognises the importance of regular physical activity plays in maintaining and improving health and aims to introduce children to the massive potential of skipping and associated health benefits and gives the children the opportunity to learn and improve their skipping skills through a series of lessons and will end with a sponsored event on **Friday 20th May**.

Your child will have the opportunity to take part in this heart health activity and raise valuable sponsorship money for the work of the BHF and for the school. 20% of all money raised will be retained by the school to develop our physical activity resources and the remainder will be used by the BHF to fund pioneering research into the causes and treatment of heart disease among men, women and children, lifesaving cardiac equipment, BHF nurses and health education.

One in every 180 babies born in the UK has a heart defect and, sadly every seven minutes someone in the UK dies from a heart attack. With our support, they can drive the fight forward by doing more research, making more discoveries and offering information, support and care to heart patients and their families.

Today your child has brought home their sponsor form, please support this worthwhile charity and the valuable work they do by collecting as many sponsors as possible. Children who raise £50 or more will be eligible for a digital skipping rope. Sponsor forms and money should be returned to school by **Wednesday 8th June**. If at all possible please **tick** the **Gift Aid** box in order for the tax to be able to be claimed.

Yours sincerely,

Mrs S Horsfield
Wrens Class Teacher