



In association with Spalding High School

Dear Parent/Guardian

BIKEABILITY LEVEL 2 CYCLE TRAINING-PARENTAL CONSENT LETTER

A level 2 on-road cycling proficiency course is going to be run at the school.

The course will include cycling skills practice on the playground and will be followed by basic manoeuvres / signalling on local roads for children who have reached the required standard of cycle control. Children will need a roadworthy bike, their own cycle helmet and will have to attend each day of the course to pass.

Parents must check the cycle to ensure it fits their child correctly and is safe to ride (two working brakes, correct tyre pressures, no stunt pegs etc). Please note that the course is designed to improve cycle control and road positioning, not to teach children to ride a bike. Children should therefore be encouraged to practice beforehand, especially signalling. Places are limited so if you wish your child to take part please complete the consent form below and return it to the school by Friday 20th May. More information about the Bikeability scheme can be found at www.bikeability.org.uk

BIKEABILITY LEVEL 2 CYCLE TRAINING

I wish my child to take part in the level 2 on-road cycle course (if there is a place available). I understand that most of the course will be conducted on the road.

I will ensure my child has a roadworthy bicycle and a cycle helmet for the duration of the course.

Signed Parent/Guardian.....

Child's name (please print clearly).....

Medical issues or similar that your instructor should be aware of

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