



SUTTON ST JAMES C.P. SCHOOL
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6th May 2016

Dear Parents



Parents Coffee Morning

When we had children we were not given an instruction book and none of us have been trained as a parent, nor do any of us have all of the answers when it comes to dealing with our children when they are going through a difficult period. As a group of people/parents we will all have found things that work for us in dealing with difficult behaviour. We plan to start a coffee morning which will hopefully provide a relaxed and non-judgemental forum for us to be able to share our experiences and support each other.

Mr Barnett will attend the morning and be available as a friendly ear to listen and to encourage the sharing of ideas and techniques which you all use at home that work for you. Mr Barnett is trained as a behaviour mentor and has a wealth of experience of working with children who have experienced periods of behaviour difficulties and supported young people to manage their emotions effectively.

The coffee morning will have a parenting theme and will take place on the first Tuesday of each month when we are in school, from 9 – 11am. The first coffee morning will be on Tuesday 7th June at school.

We hope to see lots of you at the coffee morning which will be very informal and have a relaxed and supportive atmosphere where everybody will be able to share their experiences and support each other.

Yours sincerely

Miss C Willows
Headteacher