



SUTTON ST JAMES C.P. SCHOOL
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Headteacher: Miss Claire Willows



Monday 27th February 2017,

Dear Parents,

SRE Lesson – Tuesday 28th February

Tomorrow children in Year 5 and 6 will have a Sex and Relationships Education Lesson where they will be taught about puberty, how our bodies change and how our emotions may change during this time. This does form an important part of the national curriculum and it is important for the children to understand what changes they may experience or that their friends may experience as they mature.

The children will be taught the correct vocabulary for different areas of our bodies and changes that will happen through puberty; including changes in voice, growth of pubic and facial hair, body odour, the importance of keeping clean and acne. The menstrual cycle will be explained to the girls in detail and the boys will be given a brief explanation of this also.

The children will be taught in two separate groups, boys and girls, to help to avoid the children being embarrassed in front of their friends. If a child is giggly, behaving in an immature way and it is felt by school staff that they are not behaving maturely enough they will be removed from the lesson.

If you would prefer your child not to take part in this lesson, or if you would like more information about what will be covered please speak to Miss Willows in the morning.

Yours sincerely,

Miss C Willows
Headteacher